



# Waves of Hope

Fall Meeting, October 4, 2014 Dianne's Michaluk's house in Minnedosa, Manitoba

**Call to Order:** The meeting was called to order by Kathy Cameron at 10:15 with 25 members present.

**1.0 Discussion of definition of a Breast Cancer dragon boat paddler:**

This discussion took place to give direction to Betty Berg and Darlene Yurchuk, our representatives at Congress in Sarasota, Florida, when voting on the question. Currently the definition of a Paddler as set out in the IBCC By-laws approved in Peterborough, Canada in June 2010 reads as: a person who has been diagnosed with breast cancer and who is one member of a Crew and includes the Crew's drummer and steersperson. After much discussion: about whether we allow members to be someone who has been tested and diagnosed with a mutation in a hereditary breast cancer gene such as BRCA1 and BRCA2 and may be managing the diagnosis with different ways such as prophylactic surgery or surveillance, we decided by a vote that we would like to have the definition remain as: a person who has been diagnosed with breast cancer. Susan will relay this information to Darlene Yurchuk.

**2.0 Discussion on shipping of paddles and life jackets.**

Sandy has researched the shipping of paddles and life jackets via: Border services. Why: It would mean that nobody would have to pick them up, take them in the car to Winnipeg and possibly pick them up at an airport such as Toronto. It would cost approximately (depending on weight and size of containers) 225.00 one way. This would be approximately \$20.00 - 25.00 each person. If they went as oversized checked luggage they would cost approximately \$100.00 return and would have to be taken in a vehicle to the Winnipeg airport.

People who are driving are taking their own paddles and life jackets- Susan, Betty and Evelyn

**Motion:** That we ship paddles and life jackets through Border Services.

Made by: Gloria Pazuik                      Seconded by: Althia                      Motion: Carried  
3 people abstained from voting.

**Motion:** That individual team members pay their own shipping charges for the paddles and life jackets that are being shipped.

Made by: Gloria Hill                      Seconded by: Pam Harrigan                      Motion: Carried

**Amendment to the Motion following discussion:**

**Motion:** That the individual members who are shipping paddles pay up to \$35.00 return for the paddles and anything over and above the amount be paid for by the team.

Made by: Gloria Hill                      Seconded by: Pam Harrigan                      Motion: Carried

Thank you to Sandy for all her research and work. It would be either Kathy Cameron or Gloria Hill who will take the paddles to Boarder Services and Wally Clegg will claim at the hotel in Sarasota. Mileage will be paid for doing this. People will pay Sandy for the cost of shipping at the Christmas Party. Don't forget!!!

### **3.0 Sarasota Events:**

Please review the notes in the Sarasota package. You may want to add an alarm clock to the list for waking up early for practice. Breakfast at the hotel can be hectic so be there early. Notes from Evelyn:

Thank you to all for the hard work this year. She has seen a big improvement in paddling, our techniques and we are very capable to paddle for 2 minutes, 47 seconds in a race and give it 100%. Congratulations to the gals who are learning how to steer this year. This is a big help to Kathy and gives her a chance to paddle. Note, especially in Sarasota: You must let Evelyn know where you are - do not wander off and be on TIME. We are READY!!

In the meantime as practice on the water has finished: do lots of walking and keep active - push-ups, stretching, etc. Keep Active!

At Sarasota: be prepared to do lots of walking, carry your own bags and you are responsible for your own stuff! It will be humid and Evelyn said we should limit carbs and sugar. Remember Sandy's weight challenge and keep Annette and Evelyn informed of weight changes as they need to balance the boat when doing the roster.

Team Packages: Pam H. will come to our hotel and travel with us. Evelyn will have the packages on Thurs. night at the supper. Do not lose your credentials as for a replacement it will cost you \$50.00! You need to wear your badge to get on the shuttle, etc.

For each race, 2 people will be sitting out. When paddling, be the best you can. Don't sell yourself short. Take time for yourself - you may need some private time and space. Accept the challenge! We can be the best - appreciate the joy of paddling and through the experience and enjoyment of paddling you have changed your life and created a much better person! These are Evelyn's words of wisdom.

Practice in Sarasota is Friday at 8:00 AM

Supper: 6:00 pm on Thurs. at Don Pablo's Wear Team Golf Shirt.

Thank you to Evelyn and Annette and all the rest of the people who have worked so hard to make Sarasota a possibility.

Special note: Darlene Vickers has had perfect attendance at all practices this year. She loves to paddle. Congratulations.

### **4.0 Pins, Packages and Parade Attire:**

Mary passed out packages with 3 team pins, Man. pins and Canada pins to each member.

**Motion:** That each member receive 3 team pins free of charge and extra pins may be purchased for \$2.00 each.

Made by: Mary P.

Seconded by: Joyce J.

Motion: Carried

Betty S. will take the Man. flags and Canadian paper flags to be passed out during the parade.

Gloria H. showed us the attire for the parade: glow sticks, tulle to be worn in a variety of ways, fans (for heat) and pins. Each team member got a package to take with them. Evelyn will take the glow sticks with her.

Gaileen suggested that we do a power point presentation about Florida for the Christmas Party. Pam offered to do this and Gloria P. is going to do a Sarasota picture booklet for us. The Christmas Party is on Dec. 6, 2014 - at Seniors for Seniors.

Evelyn passed out pink bracelets for the team members which her grandson has made.

Betty S. shared the banner with the quilted Canadian map and Mary will provide a Canadian flag to be attached to the banner.

#### **5.0 Cheques**

The cheques to members going to Sarasota were distributed minus the cost of the hotel rooms.

#### **6.0 Lunch**

A lovely pot luck lunch followed by boat cleaning. Our trip to Sarasota was toasted, music supplied by Dianne M. and lots of fellowship. As usual the food was delicious!

Safe travels and see you in Sarasota.