

New 2000 Dragon Busters



Sylvia Shewchuk
Shore Team

Lois Simpson
Member: 2000



Helen Rankin

Following the October 2000 Breast Health Forum, Helen responded to a general invitation to attend the next meeting of the 'Westman Dragon Busters' dragon boat team (as it was then called) and became involved. The rest, as they say, is history.

It has been said that there are two groups of women - those who have experienced breast cancer and those who fear they will get it. She is currently a member of the latter group. Being a support member, Waves of Hope has lessened her fear that she may, as did her mother, undertake this journey at some point. Helen says "Encouragement and camaraderie, together with many acts of kindness and caring are the norm for team members. It is personally very satisfying to be part of such a vibrant group, as we work together to achieve short and long-term goals."

Family members include husband Gene, sons Paul (all grown up and living in Vancouver) and Everett, daughter Katie and Poppy the dog (Dalmatian).

She is a registered Nurse at Brandon Regional Health Centre. She is qualified as an Enterostomal Therapist. Hobbies include motorcycle riding year-round and reading.

From 2001 to 2004, Helen served as team treasurer.