



# Waves of Hope

## **Fall Team Meeting**

Nov 19, 2016 9.30 AM

Honeycomb B&B, Onanole, MB

Attending: 24 members present

**1.0 Call to Order:** 9.30 am by Gloria Hill. Log sheets, action plans, web question sheets submitted.

**2.0 Approval of Agenda:** Motion by Betty S. /Sandy to approve the agenda. Carried.

**3.0 Approval of Minutes:** Motion by Marg/Bev to approve the minutes of the last meeting. Carried.

**4.0 Poem:** Betty S. read poem written by unknown team author when team was Dragon Busters

### **5.0 Financial Report:**

Chequing: \$16,636.27

Savings: \$39,091.27

Lottery: \$44,120.00

As of Oct 31, 2016 read by Gloria Hill.

**6.0 Communication Email:** Pam asked that another team member forward emails and she will still maintain Facebook page. Kathy volunteered to forward team emails.

**7.0 Inclement Weather Concerns:** Evelyn addressed the team concerns about safety on practice nights. Wind and lightening is an issue not rain. Evelyn, Kathy and Annette monitor weather reports and radars and make the call for cancellation at 2 PM. Evelyn and Wally know system for monitoring how far the lightening is and Kathy has a safety plan in place out on the water to keep us safe. It is the individual team member's choice to sit out if they feel unsafe.

### **8.0 On-Going/Old Business:**

**8.1 Begonia Sales:** \$3682.00 profit in 2016. 333 plants. Dianne waiting for call from Kerrie at Alternative Landscaping re: next year plan. Will check other nurseries but only feasible if flowers can be delivered to Brandon for pickup day. Hot Dog Sales \$587.05

**8.2 Fashion Show:** Darlene Y. reported that Keystone is booked May 10 for show. Tickets \$20. Darlene asked for a member to shadow her and work with the committee. Bev (Prizes) Carmen (Decorating) Sheri Lyn (PowerPoint) Firefighters have figured out a better way for seating. Diane H. list of stores- Islands, Eclipse, Fashion House, It's Time, Maurice's, Bromley's, Cinnamon Tree to confirm. Discussed dropping Alia and Cleo. Idea about family model groups. Evelyn assisting Diane with models.

**8.3 RTV Update:** Sales \$46,520.00 to Nov 17. 325 books went out. 233 books returned sold. Doreen has 175 books on hand. Upcoming Dates – Doreen distributed worker signup sheets. Nov 26 Wawanesa Craft Sale  
Dec 2 Buckerama Minnedosa- Hepson's own staff manning the table.

Dec 2 Tree Of Lights Breakfast at Hospital (nurse's residence) - 7-10 It's a come and go. \$10 if you want breakfast.

Dec 16- 24 and Dec 27- Jan 4 Murray's Car Show (not Jan 1<sup>st</sup> or Sundays) WORKERS NEEDED. 16 Days 2 shifts 10-2 and 2-6 with 2 each shift.

Jan Ag Day

April Winter Fair RTV report attached.

**8.4 Florence Festival:** July 6, 7 8, 2018 Annette reported that early bird was sold out Oct 17, 2016 .Standard registration opens Jan1, 2017 at 300 euros (approx. \$428 Canadian today)) Kenora Dragon Tamers have 4 members going and Chemo Savvy has a full boat and a partial. I've emailed Hedi Cook at Chemo Savvy asking if we can fill their boat, 2<sup>nd</sup> option contact other teams like Saskatoon or fill out individual participant registrations in Jan. Waves has 7 confirmed members attending- Annette, Michelle, Gloria P., Jody, Dianne M., Carmen, Sandra Undecided- Betty S. and Evelyn. We agreed to pull names out of hat to select who goes with Chemo Savvy for an example(if they only have room for 2) The board is considering paying up to \$1000 per member which includes the registration fee(300 euros \$428 C approx.) We asked members to show commitment with a \$250 undated cheque which would be non refundable if member cancels. Team Membership payment \$50 must be paid by Jan 1, 2017.

Flights could cost \$1300 and rooms \$200 a night. Florence doesn't have accommodations posted yet. Gloria P. is checking a possible 7 or 8 day tour package with flights and rooms \$4200.00 each arriving possibly 3 days before event.( This would not include room during the festival nights)

**8.5 Paddler Status, Active/Inactive:** Paddlers not able to paddle (eg.health) reasons will be placed under associate on membership list.

## **9.0 New Business**

**9.1 Dryland Training:** Team consensus that we resume dryland training at the BU Healthy Living Centre starting in April on Wednesdays 6.30 – 8.30 pm. We have 25 punches left over from last year to use. 20 punch card for \$111.00 which costs \$5.50 per person.

**9.2 Website:** Darlene V., Evelyn and Judith are on the website committee. Darlene presented the case on updating our website. We need the Wow factor to encourage new member signup, sponsorships, breast cancer awareness support links, team member info, etc. Questionnaire surveys so far reveal members are interested in keeping it and at the cost it is now. Discussion revealed we need professional designer to give it punch and make it user friendly for all of us and format correctly on all devices. Committee has one web designer lined up approx \$2400 . Motion: Betty S. moved that we direct the committee at their discretion to proceed with the development of a new website for Waves of Hope to a maximum cost of \$3000.00 for setup and annual fee to be placed in next budget. Seconded by Michelle. All in Favour. Carried. We need 3 people to maintain the website with calendar, pictures, etc. The whole team needs to have input on it.

**9.3 FMG/ Foundations:** Anita Stenning from Cancer care has talked to Scott about comments at FMG. Gloria P. has done early bird registration \$900 for FMG 2017 last July in order to be in top 10 to get free spot in paddlers village (a saving of \$350) Other possible festivals include Las Vegas, Regina Sept 1, 2, Saskatoon July 21, 22, Indoor Dragon boat Festival in Winnipeg February, Victoria, Calgary Aug 12, 13, River City early June?, Portage July 1<sup>st</sup>. The team is interested in doing one out of town festival every year. The team is interested in Calgary 2017 as its BCS Team Sistership really wants us to join for their 20<sup>th</sup> anniversary. They will be sending us

an invite and details. Gloria P. is writing West Jet about flights. Also the team showed interest in attending River City again this year.

Chemo Savvy is celebrating their 20<sup>th</sup> anniversary 2017 and looking at Victoria this year to celebrate and possibly Minot. FYI Waves celebrate our 20<sup>th</sup> in 2019.

Gloria P. spoke on Foundations and has brochures if you are interested. If Waves were to put \$30,000.00 into the Brandon Foundation, \$1200 a year would go to Cancer care Brandon yearly with principal staying intact.

**9.4 Outreach:** Sandy discussed more outreach for example a visit and meeting with patient navigators to tell patients near the end of treatment about Waves of Hope (physical activity and support is crucial). Gloria P. put poster up in chemo unit in Dauphin and now there are two ladies interested in coming. Gloria Hill meeting with Sandy and Betty S. about PR in hospitals.

**9.5 Canadian Festivals:** Team having a hard time managing attending an overseas festival. Team is interesting in doing an out of province festival every year.

**9.6 Christmas Party:** Joyce M. Reported that the Waves of Hope Christmas Party is Saturday, Dec 10<sup>th</sup> at the CAPTM Canteen at the airport. Cocktails 5-6. Dinner 6pm. \$25.00 and please bring a non-perishable food item for hamper. Team voted to opt for a \$25 liquor licence this year which requires us to bring our own liquor with store receipt taped to it. You can take what is not used home with you and social committee is supplying the mix and fruit punch.

**9.7 Membership Fees:** All in favour of membership fee remaining at \$50.

**9.8 Video/Sponsorship:** Team wants to pursue making a video with content- Why did you become a Wave, practice and race pictures, 3 member short story testimonials, etc. This can be included on our website to promote interest for new members and sponsors.

**9.9 Board 2017:** Sandy is nominating chair person. Sandy wants us to step up to the plate when she calls. How can you help, not you can't! We have a great crew and being on the board is easy with all the support from our members, a great learning experience i.e. Computer skills, learning and knowing how your team works, personal contacts, satisfaction in achieving new things. We only had 5 meetings this year which does not take a lot of your time. We need to give back for all the wonderful things we have gained from being a Waves member. You don't have to be a board member to attend board meetings. Discussion re. Posting our meeting time.

Noon lunch and short walk

**10.0 Recruitment of new members and support team:** Team went into 10 minute break out groups to think tank new ideas. She presented a challenge to each of us to invite someone.

Results of Group Discussions

- Ask family members (newly retired?) for Support Team
- ☐ Is Waves of Hope promoted at Look Good, Feel Better
- ☐ ¼ page size handout promoting Waves of Hope and dragon boating, posters, on cardstock
- ☐ Web site
- ☐ Fashion Show
- ☐ Word of mouth
- ☐ Doctors, people at Cancer Care, nurse navigators
- ☐ Interactions
- ☐ Come and try
- ☐ Personal interest
- ☐ Posters

- ☐ Information package for newly diagnosed
- ☐ TALK
- ☐ Be proud of team
- ☐ Persistent about contact (not always the same person)
- ☐ New recruit needs to see different survivors
- ☐ Written testimonials
- ☐ Not a pity group. We want to share but there for good health
- ☐ Prospective people can call us at any time. Discuss as much or as little as they want
- ☐ Need to do a better job of transitioning new members
- ☐ Personal contact
- ☐ Involvement, keep them involved
- ☐ Reassurance-they have options
- ☐ Mentorship
- ☐ Support team-open to other cancers as support members, we have to go out of our way to include all cancers
- ☐ Brochures

11.0 Action Plan: Team reviewed it and will be updated.

12.0 Adjourned 3 pm by Dianne M.