



Waves of Hope

Annual General Meeting

February 24, 2010 7:00PM

Elton Collegiate, Forrest, Manitoba

23 members present

1.0 Call to Order

Carol Fulford

Called to order at 7:05pm. Meeting was opened with a hug with our neighbour. We had a silent moment for the ones we have lost and thoughts and prayers for those that had surgeries and are recuperating.

George made a presentation to our steerage. This was a Viking type helmet and will be a great addition to our team in Peterborough.

2.0 Approval of Agenda

Need to add item 6.7.1 as a Presentation from Marg Rycroft

Motion by Carol Fulford, **Seconded** by Diane Harrington to approve the agenda with one amendment, CARRIED

3.0 Approval of last minutes (25 Feb 2009)

Rosemarie Blair

Under item 4.3, line 5 it should read "too" versus "to"

Motion by Rosemarie Blair to approve the minutes as distributed with one minor change, **Seconded** by Marg Rycroft, CARRIED

4.0 Treasurer's Report

Betty Berg

4.1 Auditor's Report

Motion from Betty Berg, seconded by Darlene Vickers to accept the Auditor's report as distributed. CARRIED

4.2 Appointment of Auditor's for 2010

Motion by Betty Berg, seconded by Helen Lewandowski to retain BDO Canada as our Auditors for 2010. CARRIED

4.3 Mileage Review

Motion by Betty Berg, seconded by Sheila Taylor that we keep our mileage rate at 0.38 for next year. CARRIED

4.4 Budget for 2010

Betty Berg reviewed the proposed budget for the upcoming year. After some discussion, **Motion** by Betty Berg and seconded by Kathy Cameron, to accept the proposed budget for 2010. CARRIED

4.5 Membership Fees for 2010

After some discussion, **Motion** by Betty Berg and seconded by Edna Verhelst to keep our membership fees at \$50.00 for 2010. CARRIED

5.0 Managers Report

Carol Fulford

As attached

Committee Reports

6.1 Policy/Guidelines

No report

6.2 Festivals and Demonstrations

Report attached.

**Flights, rooms, shuttle for Peterborough are done. Waivers have been mailed and the final roster will be submitted in March.

**Table item 6.2.1 on should team pay for rooms at Peterborough until after item 8.0 on the MPA contract.

**We will have 2 practices on the water each week before Peterborough – no practice on the Wednesday after we return that first week.

**This August we will have a picnic and paddle on the water in Brandon. Can be a good recruitment tool.

6.3 Team Captain/Coach

Report attached.

Annette talked with Toni and she will have a look at us.

6.4 Boat and Equipment

Report attached.

6.5 Fundraising

Report attached.

6.6 Social

Report attached. Report was given by Diane Harrington and not Rosemarie Blair

6.6.1 Tent Rental

From Knight: 20x30 tents with table and chairs are \$645. with both taxes

30x120 tents is \$1125

32 tables is \$352.

275 chairs is \$618 to total \$2515. with both taxes

6.7 Public Relations/Outreach

Report attached.

6.7.1 Presentation from Marg Rycroft

Motion by Marg Rycroft, seconded by Helena Neustater "Whereas the LGFB program has spent \$1243.10 of the budgeted \$1648. for wigs and \$318.65 of the \$822. budgeted for a beauty chair I move that the remainder of the chair budget of \$503.35 be combined with the leftover \$404.90 from the wig budget, for a combined value of \$908.25 to be used to purchase more wigs for the use of cancer patients." CARRIED The chair was able to be purchased during a January 2/1 sale, with the help of my Onanole hair stylist who was able to find another stylist who was interested in the other half of a 2/1 sale. This saved us \$318.65.

6.8 Team Spirit & Support

Report attached. Sheila welcomed our new member, Darlene Yurchuk to the team.

6.9 Communications

Report attached.

6.10 Team Attire

From Kathy Cameron and Jody Parsonage:

**4 wind suits and 15 paddling shirts UCT

**5 shirts returned UCT and 7 practice shirts

**3 jackets and 5 new collared shirts

**George returned 2 shirts – new one and the other one to Darlene Yurchuk

**Iris and Sandy still need new T-shirts

Motion by Carol Fulford, seconded by Sheila Taylor to accept all the committee reports.

CARRIED

7.0 Nominating Committee

Team Manager – Carol Fulford

Assistant Team Manager – Vacant

Secretary – Rosemarie Blair

Treasurer – Betty Berg

Team Captain – Annette Beatty

Co-Captain – Kathy Cameron

Coach – George McLeod (until June 2010)

Festivals and Demos – Annette Beatty and Kathy Cameron

Boat and Equipment – Betty Stewart

Fundraising – Jody Parsonage

Social – Joyce Johnson

Public Relations/Outreach – Kathleen Christensen

Communications – Marg Rycroft

Team Spirit & Support – Sheila Taylor

Team Attire – Merle Darling

Motion by Helena Neustater, seconded by Willa Fowles to accept the nominations for the 2010 Board. CARRIED

8.0 MPA Contract

There was a lot of discussion about signed with MPA again this year. **Motion** by George McLeod “to notify MPA that we are not interested in partnering with them this fall session”, there was no seconder.

There was more discussion again.

Motion by George McLeod, seconded by Willa Fowles “Waves of Hope withdraw their commitment with MPA to partnership in the Fall Festival for 2010” There was 14 members who voted YES and there was 9 members who voted NO. Motion was CARRIED

**Arlene voiced her opinion here about not being happy that we are not having our garage sale this year. They only asked members to work one shift and it is easy fundraising and good time to clean out around the house. She was very disappointed with the decision.

9.0 Updates on Commitments (Action Plan 2010)

Motion by Annette Beatty and seconded by Diane Harrington “that we attend the FMG Festival in September, Brandon MPA Festival if held, and the River City Festival in July. This will be dependant on the number of paddlers available to commit” CARRIED

Item 6.2.1; Motion by Arlene Wood, seconded by George McLeod that each team member is responsible for paying for their room in Peterborough as the team is already paying for travel expenses. CARRIED

Add 1.7 in the Action Plan as Breast Cancer Survivor Paddling Picnic
Take out item 4.5, WCDBR

10.0 Closing Remarks

Sorry about the Festival in Brandon, it is too bad but perhaps we can find other ways to fundraise money.

11.0 Adjourned at 9:50pm

**12.0 Coffee and Social Time
Sign Up For Committees**

Communications Committee Report 2009

2009 was once again a very busy year for the team.

Arlene continues to do a very good job with email central. She keeps us up to date with information. Arlene asked to include the following in my report. "My job is relatively straight forward. Everything seemed to go smoothly. One thing, people are not checking the TO line carefully and I'm getting a lot of unnecessary email. A thank you can go to Darlene for forwarding emails when I am away."

Carol Fulford, Team Manager

Rosemarie Blair, Secretary

Darlene and Rosemarie have worked for Arlene when she was away keeping the team informed with urgent information. All members at this time have email. Email is very helpful for quick response as long as we check our email regularly and our computer keeps working.

Doreen did a fantastic job of our Team website. We are very fortunate to have someone with the talent and know how to develop and update such an interesting and informative website for Waves of Hope.

Wills asks after our Waves of Hope newsletter. A reminder to all team members that we should respond promptly to Wills's requests for newsletter information so she is able to get the newsletters together and out to the team. The newsletter is also an important part of communications.

Team members offered to help with phoning if the need arose during the year. We did not have a lot of phoning to be done throughout the year. Thanks to everyone who helped with phoning.

Co-operation with Marisa of the South Mountain Press resulted in articles in the South Mountain Press and The Crossroads this Week. The South Mountain Press covers Erickson, Granchy, Waseganing, Sandy Lake, Nipigon, Rolling River, Keesee, Cowenon and surrounding areas. The Crossroads this Week paper that covers Hamiota, Shoal Lake, Birtle and Rossburn areas. Team members from the north-west area were interviewed for the paper. An article was also done regarding the CIBC Run for the Cure participation in October.

Submitted by Diane Harrington

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Darlene and Rosemarie have covered for Arlene when she was away keeping the team informed with current information. All members at this time have email. Email is very helpful for quick response as long as we check our email regularly and our computer keeps working.

Darlene does a fantastic job of our Team website. We are very fortunate to have someone with the talent and know how to develop and update such an interesting and informative website for Waves of Hope..

Willa looks after our Waves of Hope newsletter. A reminder to all team members that we should respond promptly to Willa's requests for newsletter information so she is able to get the newsletter together and out to the team. The newsletter is also an important part of communications.

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Submitted by Diane Harrington

Communications Report

November 23, 2009

submitted by Diane Harrington

Newsletter - Tidal Waves and Keeping Abreast (alumni newsletter)- I sent an email to Willa inquiring when the next Newsletter will be distributed. I also asked when the Alumni Newsletter would be completed. No reply yet.

Website - I contacted Darlene to see if there would be a cost increase for the website next year. I thought the budgeted amount may need to increase. Darlene didn't think there would be an increase in costs. See message following -

I am not aware of any change in the Website domain registration fee or the site & maintenance fee. So the budget for the website can stay the same as last year.

Darlene

Communication - I called Penny for a soup recipe and let her know about our team meeting and the Christmas party. Penny said she wouldn't be coming to Brandon for the party this year. I called Michelle Gerrard and she indicated she wanted to come to our Christmas Party but their big Santa Day in Neepawa is the same day and she would be involved in that event.

Sheila had the foresight to ask the alumni/former members to our Christmas Party. Sheila contacted those with email and I called the ones with no email. I talked to Wanda and told her to call Rosemarie if she would like to come. I had to leave a message for Cathy and had no reply. Olive thought she would come with Jody and Sylvia was going to talk to Helen Lewandoski and then decide if she would attend.

I think Marcie should be contacted with information about the Open House/Healthy Women/Healthy Choices event early enough that it might attract more people. I think he would probably cover our Fashion Show event as well. Kathleen does have the contact information for South Mountain Press and Marcie now.

Just for your information the South Mountain Press covers of Erickson, Onan, Waseganing, Sandy Lake, Elphinstone, Rolling River, Kesteven and surrounding areas.

The Crossroads this Week paper covers Hargrave, Shovel Lake, Birle, Rossburn and area.

I did have notification from CBCP because of being Team Captain at CIBC Run about the Safeway events needing volunteers to be at the store on Oct. 24. They listed all the Safeway stores in Manitoba needing volunteers. I didn't reply as Kathleen already has all the information about the event with dates and has requested volunteers. Kathleen & I will go to Safeway on Oct. 24.

submitted by Diane Harrington

Communication Report

October 19, 2009

Newsletter - Willa is away and I don't know when she plans on doing the next newsletter.

Email Central - Arlene & Darlene are keeping the team well informed with emails.

Phoning - I haven't had any phoning to do lately.

Communication -

The teams from Minnedosa who attended the Dragon Boat Festival had a very good time at the event. The EMS team also has EMS staff from the south part of the Assiniboine Health Region considering entering a team in 2010 if the festival takes place..

Marcie from South Mountain Press did put a write up in the paper October 3 about the Waves of Hope team. I sent a copy of her article to the team through Arlene. Marcie sent a copy of the paper.

Marcie is putting the same article in The Crossroads this Week Oct. 12 week paper that covers Hamiota, Shoal Lake, Birtle and Rosburn areas.

Marcie is also putting an article about the CIBC Run for the Cure in the South Mountain Press Oct. 17 edition. She is to send me a copy of the paper. I have sent a copy of her article to the team through Arlene.

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.....submitted by Diane Harrington

Communication Report

September 21, 2009

Newsletter - Willa sent out the Tidal Waves newsletter for August/September. Very packed with information. Some Waves members were unable to open the newsletter. I tried the instructions Willa sent but lost my copy. I contacted Arlene and she forwarded it from her file. I was able to open the newsletter Arlene sent.

Email central - Arlene and Darlene have kept the team well informed with emails about all our activities over the summer. I appreciate the quick responses when I sent emails reminding members about practice lunches. I also appreciated the quick responses when I was trying to get reservation numbers for our Saskatoon and Winnipeg Festival team dinners.

Phoning - I think the only phoning I did over the summer was to call Penny to see how she was doing and invite her to dinner when we were at the Winnipeg Festival. I did talk to Joyce J about food for the Brandon Festival as well.

Communication - I had a lot of communication happening with prospective people to enter teams in the Brandon Dragon boat Festival.

I have communicated by phone and email with Marcie of the South Mountain Press. She has interviewed myself and Marg Rycroft. I suggested she contact Annette and Helen. I mentioned the picture presentations to Chemo Units at Neepawa, Brandon, Russell, Souris as well as the one at Hamiota that Marcie was aware of. I told her Gaileen Kingdon, Michelle Gerrard and Donna Zimmerman were also team members from the north west areas who could be contacted. Gaileen said not to worry about calling her as she felt everyone else contacted would cover everything.

Marcie plans to do a write up in October in conjunction with breast cancer month. I also put Marcie in contact with Darlene to get a few pictures for her write up. I asked Marcie to send me a copy of the South Mountain Press when she does the article because I don't get the paper in Minnedosa. I will ask Annette and Marg if they can get a few copies for team members to read and for Sheila to use for the scrapbook.

I have sent the contact information for South Mountain Press to Kathleen. This would be another newspaper to publish information about our activities ie: the Fashion Show, Yard Sale, Healthy Choices/Healthy Women and our Brandon Festival. It may bring more people from these areas.

CIBC Run for the Cure - I have contacted the CIBC bank with the number of participants and the Tee shirts have been ordered with Waves of Hope printed on the back. I will pick them up the

Friday before the Run. We may not need another Tee shirt but it is nice to have our name on the back of our Tee shirts when walking together. I have a team of 15 (11 Waves, 4 family/friends) taking part in the Run. I will send an email to Run team members closer to the date with instructions about the time we should be at Discovery Centre, etc. The Opening ceremonies are at 12 noon and the Run starts at 1 p.m. Joyce Konopski has offered to help me with last minute sheets and handing out Tee shirts the day of the Run.

Link to Pink - I had a call from Lois Neabel in Minnedosa about the Link to Pink. I was unable to help her that day as I will be working. I managed to give her contact names of breast cancer survivors at Minnedosa to help her hand out the carnations. Suggested they take a bouquet to the hospital, care home and high school as there are a lot of working women at all places and young women (at the school).

submitted by Diane Harrington

Communication Report

June 1 - 5 Minnedosa Hospital had the breast screening mobile unit on site. A lot of women came through to be screened. I was a little slow on the uptake but on Thursday afternoon I took a bunch of Waves of Hope book marks and asked the ladies doing the screening to hand them out to women being screened. Sorry I didn't think about it a little sooner but hopefully some women check out our website.

I have entered Waves of Hope team in the CIBC Run for the Cure Sunday, October 4, 2009 at the Riverbank Discovery Centre in Brandon.

We are entered as a Women's team and should have a minimum of 10 participants - the more team members/family/friends (who wish to take part with the team) the better.

This year the registration is \$40 OR if you raise \$150 minimum in pledges the \$40 registration fee is waived.

If anyone would like me to register them online as a participant let me know. You can get forms at the CIBC bank and I will print off forms, etc. later on and bring them to practice.

We have been the top women's team fund raiser for a number of years. Remember the lovely bags, hats & scarfs we received just before Christmas for 2008 participation.

Michelle and I had the privilege of presenting one of our Waves of Hope pictures to Mary Ellen Clark at the Neepawa Health Centre Chemo Unit on June 17. Michelle and I took our chemo at the old Chemo room. It was a Neepawa Hospital ward room with 4 chairs crammed in the room. The new Chemo Unit is bright with lots of windows, pictures and soothing colors that offer the patients much more privacy and dignity than the old Chemo room.

> We presented the picture to Mary Ellen outside in the Healing Garden that is being developed. They are planting perennial flowers, shrubs and trees. There is a walkway with benches and a lot of rock filling a natural runway for run off water from the hospital roof. There is a bridge that will cross the rock to the walkway. It will be beautiful when completed.

> Mary Ellen Clark and Debbie McNairnay, the nurse working, said the picture was impressive and offered a message of hope. Kate of the Neepawa Banner took our photo. The picture should be in the Banner June 26 edition.