This is part of my life history that Granddaughter Sara wrote on an essay in Grade X11 She wrote it like I was on a boat, this is when I moved to Brandon.

"In the fall of 2005 Betty went outboard to Brandon, Manitoba where she currently resides with her friend Jac Hiebert. In 2006 a tsunami hit when Betty was diagnosed with breast cancer. Her friends and family were waist deep in flood water when they found out the news. Through it all Betty saw the lighthouse and kept paddling for it. Even though her boat was damaged she paddled through the rough waves and fought her way away from cancer. Being a breast cancer survivor she joined "Waves of Hope Dragon Boat Team". As a part of the survivor team she participates in paddling, fundraising, and other activities geared to breast cancer awareness. This group of ladies keep Betty focused on the positive side of life, to live day by day, and not to look back."



I have enjoyed every year with the Waves of Hope and hold many great memories of paddling. at the races and at the practises. Being active physically was the right choice for me and with the team I was also able to emotionally keep my spirits up. Paddles up Waves of Hope